



2022-2023 Girls High School LAX League

Day of Week: Mondays (12/5/22 – 2/6/23) with games starting between 4:00 p.m. and 9:00 p.m. Monday days off are 12/26/22 and 1/2/23

** Due to high demand, there is possibility that some games will be played on Sundays (12/4/22 – 2/5/23) and will start between 11:00 a.m. and 1:00 p.m. Sunday days off are 12/25/22 and 1/1/23 **

Fee: \$299 per player

Game Timing: 8 minute warmup, 25 minute halves, 2 minute half time

Game Format: Games are played 12 v 12 on a full field

The Following Communities participate in the ISP Lacrosse League:

- Academy of St Elizabeth
- Bridgewater-Raritan
- Caldwell
- Chatham
- Hanover Park
- Hunterdon Central
- Immaculate Heart Academy
- Kent Place
- Kittatinny
- Mendham
- Morris Knolls
- Morristown
- Millburn
- Montclair
- Mountain Lakes
- Mount Olive
- Mount Saint Mary Academy
- Northern Highlands
- Oak Knoll
- Parsippany Hills
- Randolph
- Ridge
- Ridgewood
- Sparta
- Summit
- Verona
- West Essex
- Westfield
- Whippany Park

For additional information about the Girls High School Lax League, please visit our website at:

<https://www.ispeventcenter.com/leagues/girls-high-school/>